

Barceló

PREMIUM



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Spa La Bobadilla

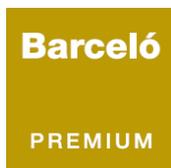
HOTEL LA BOBADILLA

TREATMENT MENU

2008

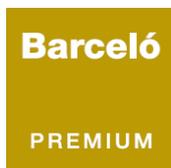
SPA & WELLNESS

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BEAUTY DE LUXE

Aurum (Gold) Gold body wrap and treatment, to enrich, soften and illuminate. It will leave a gold sheen on your skin	60 min.	130€
Pearls Body wrap and treatment with pearls, relaxing & very hydrating. It will leave an iridescent shine on your skin	60 min.	130€
Silk Body Wrap Body wrap treatment with spice peel and silk wrap. Smoothes the skin and leaves it silky	50 min.	120€
Grape Body Wrap Lipolitic, anti-aging & moisturizing, ideal for removing liquids & leaves a very soft skin	50 min.	110€
Japanese Green Tea Body Wrap Body peeling & wrap treatment based on Green Tea from the Far East. Delays the aging process, reinforces the immune system, combats free radicals and helps to slim the silhouette. It leaves the skin soft and elastic	50 min.	110€
Nordic Cranberry Body Wrap Body peeling & wrap treatment base on Cranberries from the north. Antibacterial with an emphasize on their rejuvenate effect. Refreshing & Moisturizing	50 min.	110€
Citrus Fruits Body Wrap Body peeling & wrap treatment base on Citrus Fruits, inhibits the stress hormone, relieves strain, stimulates the circulation and lymphatic system. Prevents the accumulates of liquids and smoothes to the skin	50 min.	110€
Coffee Body Wrap Firming & reducing with anti-cellulite effect, improves & moisturizes your skin	50 min.	110€
Chocotherapy Anti-stress & nourishing, with a chocolate body peel, and chocolate coated moisturizing massage	50 min.	110€
Seaweed Wrap Ideal for purifying & re-mineralising the skin. Helps to reshape the body	50 min.	110€



Green Mud Anti-cellulite, activates the metabolism and rebalances. Ideal for heavy legs and varicose veins	50 min.	100€
White Mud Oxygenizes, purifies and invigorates. Anti-stress y anti-swelling	50 min.	100€
Black Mud Regulates the blood circulation, detoxifies and is anti-rheumatic. (Not suitable for those who are pregnant or suffer from hypertension)	50 min.	100€

SPA EXPERIENCES

Vichy Shower & Relaxing Massage Massage under the relaxing action of a warm water rain, especially anti-stress	30 min.	50€
Cleopatra's Bath Milk based treatment. Activates and moisturizes with milk	25 min.	40€
Baco's Bath Grape based treatment. Lipolitic and anti-aging	25 min.	40€
Vanilla Milk Bath Hydrates the body, smooths the skin and restores your sense of balance	25 min.	40€
Neptune's Bath Re-mineralises with salt and seaweed	25 min.	40€
Bath of Seaweed Purifies and re-mineralises	25 min.	40€
Equilibrium Bath Relaxes and balances with salts	25 min.	40€
Aromatic Bath With essential oils, enjoy a personalized bath	25 min.	40€
Bath with essences and salt from the Dead Sea Remineralising and nourishing experience	25 min.	50€
Renews & relaxes the skin. Body peeling based on oranges under the relaxing action of a hot shower. Anti-stress	30 min.	60€
Renews & stimulates the skin. Body peeling based on oranges under the stimulating action of a jet spurt. Invigorating	30 min.	60€

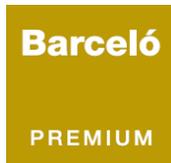


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Suite Spa Private Suite Special treatment for couples including peeling and bath, complemented with champagne, chocolates and fresh fruits	60 min.	180€
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MANUAL TREATMENTS

Deluxe Massage Four hand - massage, let go and enter a stage of relaxation	50 min.	150€
Body Massage. Relaxing or sport massage	50 min.	80€
Neurosedative Massage Especially indicated for relaxation	50 min.	80€
Partial Massage Relaxing or sports massage	30 min.	45€
Head and facial massage.	30 min.	45€
Neck & Shoulders Massage Relieves and relaxes the everyday tensions	30 min.	45€
Therapeutic Massage Treatment for muscle problems, back pains, lower back pains, etc.	30 min.	55€
Cacao Massage. Soft peeling and massage with cacao	30 min.	50€
Ceylan Massage Massage with cinnamon delight	30 min.	50€
Exotic Ceylan Massage Relaxing massage with conches from the sea & cinnamon delight	50 min.	90€
Pure Turkey Massage Relaxing massage performed with a foulard and saffron delight, ideal for stretching	50 min.	90€
Spice Peeling Choice of selected spices, cardamom, ginger, myrrh, sandalwood... Cleans and nourishes the skin, leaving it with a spicy scent	30 min.	50€



Massage with salts from the Dead Sea. Massage that cleans, nourishes and moisturises the skin, leaving you relaxed at the same time	50 min.	90€
Aromatherapy Massage. Massage consisting of a mix of essential oils that helps you relax physically, mentally and emotionally	50 min.	90€
Oriental Massage Massage with oil from oriental spices	50 min.	90€
Massage & Analgesic Mud wrap. Relieves muscle overloads and slight pains from back and neck	30 min.	60€
Treatment for tired legs. Especially indicated for circulation problems & tired legs	30 min.	60€
Peeling & Massage. Cleans and nourishes your skin	50 min.	95€
Lymphatic drainage Eliminates liquids and relieves congested tissues throughout a soft massage over the epidermis, complements cellulites treatments, aesthetic or plastic surgery or retention of liquids and oedema	Zone	55€
	Complete	95€
Facial Lymphatic drainage with Arson waves	30 min.	55€
Body Lymphatic drainage with Arson waves Very effective treatment for mobilizing and stimulating the lymphatic system	50min.	100€
Indoceane Spa Ritual treatment offers new life to the body, mind and spirit in a step by step complete body relaxation ritual of traditional beauty regimes founded in the Mediterranean, Egypt, India and China	50 min.	120€
Chakra Hot Stone (Thermal-Geotherapy) Treatment with hot stones and relaxing massage that relieves all the blockages and strains	50 min.	110€
Pindas Weda (Ayurveda) Massage with hot and relaxing aromatic herbs, wrapped in cloth, to drain and stimulate the tissues	50 min.	110€
Abhyangan (Ayurveda) Hindu massage with different essential oils depending on your constitution. Gives balance, energy and nourishes your body	50 min.	95€
Hindu head massage (Ayurveda) Hindu massage of neck & head, with anti-stress and clearing effects	30 min.	50€



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Reflexology Foot massage to balance the functions of the organism	30 min.	50€
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BODY BEAUTY

Manicure	50 min.	35€
Deluxe Manicure With paraffin bath	50 min.	50€
Oto (Hands & Arms Treatment)	30 min.	30€
Pedicure	50 min.	50€
Depurbel Treatment to purify with ions, cleans the body of toxins by means of a foot bath	30 min.	30€
Purify pedicure	50 min.	60€
Paraffin & Mud Re-mineralises and restructures the body. Partial, back, arms, legs or stomach	30 min.	60€
Paraffin & Mud Full Body	50 min.	130€
Depilation	Please, ask	

FACIAL BEAUTY

Deluxe Caviar Facial treatment	50 min.	120€
Sou (Facial cleansing)	50 min.	100€
Peeling & Facial cleansing Vitaskin system (request in advance)	50 min.	110€
Intense Moisturizing	50 min.	110€
Shirabe (Firming)	50 min.	110€
Peeling & facial treatment lifting effect Vitaskin system (request in advance)	50 min.	120€



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Sensai Beauty (Anti-aging)	50 min.	100€
Yuragi (Anti-stress)	50 min.	100€
Facial for men	50 min.	100€
Onkan (Lightness)	50 min.	100€

HAIRDRESSER

Wash & Dry	36€
Mask or Moisturizing Hair	6€
Special hairdo for weddings, Gala Dinner	from 72€

Ladies

Wash & Cut	42€
Wash, Cut & Dry	50€

Gentlemen

Wash & Cut	24€
Wash, Cut & Dry	33€